

Main (6)		Bestmed Beat 1		
	Your contribution	Sappi contribution	Total contribution	
2014	R 270	R 685	R 955	
2015	R 280	R 766	R 1 046	
	R 280	R 766	R 1 046	

Increase	R 10	R 81	R 91
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M+A		Bestmed Beat 1		
	Your contribution	Sappi contribution	Total contribution	
2014	Main	R 270	R 685	R 955
	Adult	R 131	R 611	R 742
		R 401	R 1 296	R 1 697
2015	Main	R 280	R 766	R 1 046
	Adult	R 129	R 683	R 812
		R 409	R 1 449	R 1 858

Increase	R 8	R 153	R 161
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M+A+C		Bestmed Beat 1		
	Your contribution	Sappi contribution	Total contribution	
2014	Main	R 270	R 685	R 955
	Adult	R 131	R 611	R 742
	Child	R 276	R 126	R 402
		R 677	R 1 422	R 2 099
2015	Main	R 280	R 766	R 1 046
	Adult	R 129	R 683	R 812
	Child	R 299	R 141	R 440
		R 708	R 1 590	R 2 298

Increase	R 31	R 168	R 199
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M+A+2C		Bestmed Beat 1		
	Your contribution	Sappi contribution	Total contribution	
2014	Main	R 270	R 685	R 955
	Adult	R 131	R 611	R 742
	Child	R 276	R 126	R 402
	Child	R 276	R 126	R 402
		R 953	R 1 548	R 2 501
2015	Main	R 280	R 766	R 1 046
	Adult	R 129	R 683	R 812
	Child	R 299	R 141	R 440
	Child	R 299	R 141	R 440
		R 1 007	R 1 731	R 2 738

Increase	R 54	R 183	R 237
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M+A+3C		Bestmed Beat 1		
	Your contribution	Sappi contribution	Total contribution	
2014	Main	R 270	R 685	R 955
	Adult	R 131	R 611	R 742
	Child	R 276	R 126	R 402
	Child	R 276	R 126	R 402
	Child	R 276	R 126	R 402
		R 1 229	R 1 674	R 2 903
2015	Main	R 280	R 766	R 1 046
	Adult	R 129	R 683	R 812
	Child	R 299	R 141	R 440
	Child	R 299	R 141	R 440
	Child	R 299	R 141	R 440
		R 1 306	R 1 872	R 3 178

Increase	R 77	R 198	R 275
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M+A+4C		Bestmed Beat 1		
	Your contribution	Sappi contribution	Total contribution	
2014	Main	R 270	R 685	R 955
	Adult	R 131	R 611	R 742
	Child	R 276	R 126	R 402
	Child	R 276	R 126	R 402
	Child	R 276	R 126	R 402
	Child	R 276	R 126	R 402
		R 1 505	R 1 800	R 3 305
2015	Main	R 280	R 766	R 1 046
	Adult	R 129	R 683	R 812
	Child	R 299	R 141	R 440
	Child	R 299	R 141	R 440
	Child	R 299	R 141	R 440
	Child	R 299	R 141	R 440
		R 1 605	R 2 013	R 3 618

Increase	R 100	R 213	R 313
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Bestmed Beat 1 Network			
Your contribution	Sappi contribution	Total contribution	
R 175	R 766	R 941	
R 175	R 766	R 941	

2015

Bestmed Beat 1 Network			
Your contribution	Sappi contribution	Total contribution	
R 175	R 766	R 941	
R 48	R 683	R 731	
R 223	R 1 449	R 1 672	

M+A

2015 Main Adult

Bestmed Beat 1 Network			
Your contribution	Sappi contribution	Total contribution	
R 175	R 766	R 941	
R 48	R 683	R 731	
R 255	R 141	R 396	
R 478	R 1 590	R 2 068	

M+A+C

2015 Main Adult Child

Bestmed Beat 1 Network			
Your contribution	Sappi contribution	Total contribution	
R 175	R 766	R 941	
R 48	R 683	R 731	
R 255	R 141	R 396	
R 255	R 141	R 396	
R 733	R 1 731	R 2 464	

M+A+2C

2015 Main Adult Child Child

Bestmed Beat 1 Network			
Your contribution	Sappi contribution	Total contribution	
R 175	R 766	R 941	
R 48	R 683	R 731	
R 255	R 141	R 396	
R 255	R 141	R 396	
R 255	R 141	R 396	
R 988	R 1 872	R 2 860	

M+A+3C

2015 Main Adult Child Child Child

Bestmed Beat 1 Network			
Your contribution	Sappi contribution	Total contribution	
R 175	R 766	R 941	
R 48	R 683	R 731	
R 255	R 141	R 396	
R 255	R 141	R 396	
R 255	R 141	R 396	
R 255	R 141	R 396	
R 1 243	R 2 013	R 3 256	

M+A+4C

2015 Main Adult Child Child Child Child

Main		Bestmed Beat 3		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 377	R 1 416	R 1 793
2015	Main	R 460	R 1 503	R 1 963
		R 460	R 1 503	R 1 963

Increase	R	83	R	87	R	170
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M+A		Bestmed Beat 3		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 377	R 1 416	R 1 793
	Adult	R 132	R 1 141	R 1 273
		R 509	R 2 557	R 3 066

2015	Main	R 460	R 1 503	R 1 963
	Adult	R 183	R 1 211	R 1 394
		R 643	R 2 714	R 3 357

Increase	R	134	R	157	R	291
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M+A+C		Bestmed Beat 3		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 377	R 1 416	R 1 793
	Adult	R 132	R 1 141	R 1 273
	Child	R 536	R 156	R 692
		R 1 045	R 2 713	R 3 758

2015	Main	R 460	R 1 503	R 1 963
	Adult	R 183	R 1 211	R 1 394
	Child	R 592	R 166	R 758
		R 1 235	R 2 880	R 4 115

Increase	R	190	R	167	R	357
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M+A+2C		Bestmed Beat 3		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 377	R 1 416	R 1 793
	Adult	R 132	R 1 141	R 1 273
	Child	R 536	R 156	R 692
	Child	R 536	R 156	R 692
		R 1 581	R 2 869	R 4 450

2015	Main	R 460	R 1 503	R 1 963
	Adult	R 183	R 1 211	R 1 394
	Child	R 592	R 166	R 758
	Child	R 592	R 166	R 758
		R 1 827	R 3 046	R 4 873

Increase	R	246	R	177	R	423
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M+A+3C		Bestmed Beat 3		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 377	R 1 416	R 1 793
	Adult	R 132	R 1 141	R 1 273
	Child	R 536	R 156	R 692
	Child	R 536	R 156	R 692
	Child	R 536	R 156	R 692
		R 2 117	R 3 025	R 5 142

2015	Main	R 460	R 1 503	R 1 963
	Adult	R 183	R 1 211	R 1 394
	Child	R 592	R 166	R 758
	Child	R 592	R 166	R 758
	Child	R 592	R 166	R 758
		R 2 419	R 3 212	R 5 631

Increase	R	302	R	187	R	489
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M+A+4C		Bestmed Beat 3		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 377	R 1 416	R 1 793
	Adult	R 132	R 1 141	R 1 273
	Child	R 536	R 156	R 692
	Child	R 536	R 156	R 692
	Child	R 536	R 156	R 692
	Child	R 536	R 156	R 692
		R 2 653	R 3 181	R 5 834

2015	Main	R 460	R 1 503	R 1 963
	Adult	R 183	R 1 211	R 1 394
	Child	R 592	R 166	R 758
	Child	R 592	R 166	R 758
	Child	R 592	R 166	R 758
	Child	R 592	R 166	R 758
		R 3 011	R 3 378	R 6 389

Increase	R	358	R	197	R	555
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Main		Bestmed Beat 3 -N		
		Your contribution	Sappi contribution	Total contribution
2015		R 263	R 1 503	R 1 766
		R 263	R 1 503	R 1 766

M+A		Bestmed Beat 3 -N		
		Your contribution	Sappi contribution	Total contribution
2015	Main Adult	R 263	R 1 503	R 1 766
		R 44	R 1 211	R 1 255
		R 307	R 2 714	R 3 021

M+A+C		Bestmed Beat 3 -N		
		Your contribution	Sappi contribution	Total contribution
2015	Main Adult Child	R 263	R 1 503	R 1 766
		R 44	R 1 211	R 1 255
		R 516	R 166	R 682
		R 823	R 2 880	R 3 703

M+A+2C		Bestmed Beat 3 -N		
		Your contribution	Sappi contribution	Total contribution
2015	Main Adult Child Child	R 263	R 1 503	R 1 766
		R 44	R 1 211	R 1 255
		R 516	R 166	R 682
		R 516	R 166	R 682
		R 1 339	R 3 046	R 4 385

M+A+3C		Bestmed Beat 3 -N		
		Your contribution	Sappi contribution	Total contribution
2015	Main Adult Child Child Child	R 263	R 1 503	R 1 766
		R 44	R 1 211	R 1 255
		R 516	R 166	R 682
		R 516	R 166	R 682
		R 516	R 166	R 682
		R 1 855	R 3 212	R 5 067

M+A+4C		Bestmed Beat 3 -N		
		Your contribution	Sappi contribution	Total contribution
2015	Main Adult Child Child Child Child	R 263	R 1 503	R 1 766
		R 44	R 1 211	R 1 255
		R 516	R 166	R 682
		R 516	R 166	R 682
		R 516	R 166	R 682
		R 516	R 166	R 682
		R 2 371	R 3 378	R 5 749

		Bestmed Beat 4		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 1 239	R 1 416	R 2 655
2015	Main	R 1 431	R 1 503	R 2 934
		R 1 431	R 1 503	R 2 934

Increase	R	192	R	87	R	279
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		Bestmed Beat 4		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 1 239	R 1 416	R 2 655
	Adult	R 1 052	R 1 141	R 2 193
		R 2 291	R 2 557	R 4 848
2015	Main	R 1 431	R 1 503	R 2 934
	Adult	R 1 212	R 1 211	R 2 423
		R 2 643	R 2 714	R 5 357

Increase	R	352	R	157	R	509
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		Bestmed Beat 4		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 1 239	R 1 416	R 2 655
	Adult	R 1 052	R 1 141	R 2 193
	Child	R 501	R 156	R 657
		R 2 792	R 2 713	R 5 505
2015	Main	R 1 431	R 1 503	R 2 934
	Adult	R 1 212	R 1 211	R 2 423
	Child	R 560	R 166	R 726
		R 3 203	R 2 880	R 6 083

Increase	R	411	R	167	R	578
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		Bestmed Beat 4		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 1 239	R 1 416	R 2 655
	Adult	R 1 052	R 1 141	R 2 193
	Child	R 501	R 156	R 657
	Child	R 501	R 156	R 657
		R 3 293	R 2 869	R 6 162
2015	Main	R 1 431	R 1 503	R 2 934
	Adult	R 1 212	R 1 211	R 2 423
	Child	R 560	R 166	R 726
	Child	R 560	R 166	R 726
		R 3 763	R 3 046	R 6 809

Increase	R	470	R	177	R	647
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		Bestmed Beat 4		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 1 239	R 1 416	R 2 655
	Adult	R 1 052	R 1 141	R 2 193
	Child	R 501	R 156	R 657
	Child	R 501	R 156	R 657
	Child	R 501	R 156	R 657
		R 3 794	R 3 025	R 6 819
2015	Main	R 1 431	R 1 503	R 2 934
	Adult	R 1 212	R 1 211	R 2 423
	Child	R 560	R 166	R 726
	Child	R 560	R 166	R 726
	Child	R 560	R 166	R 726
		R 4 323	R 3 212	R 7 535

Increase	R	529	R	187	R	716
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		Bestmed Beat 4		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 1 239	R 1 416	R 2 655
	Adult	R 1 052	R 1 141	R 2 193
	Child	R 501	R 156	R 657
	Child	R 501	R 156	R 657
	Child	R 501	R 156	R 657
		R 4 295	R 3 181	R 7 476
2015	Main	R 1 431	R 1 503	R 2 934
	Adult	R 1 212	R 1 211	R 2 423
	Child	R 560	R 166	R 726
	Child	R 560	R 166	R 726
	Child	R 560	R 166	R 726
		R 4 883	R 3 378	R 8 261

Increase	R	588	R	197	R	785
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Main			
Bestmed Beat 4 - N			
	Your contribution	Sappi contribution	Total contribution
2015	R 1 137	R 1 503	R 2 640
	R 1 137	R 1 503	R 2 640

M+A				
Bestmed Beat 4 - N				
	Your contribution	Sappi contribution	Total contribution	
2015	Main	R 1 137	R 1 503	R 2 640
	Adult	R 969	R 1 211	R 2 180
		R 2 106	R 2 714	R 4 820

M+A+C				
Bestmed Beat 4 - N				
	Your contribution	Sappi contribution	Total contribution	
2015	Main	R 1 137	R 1 503	R 2 640
	Adult	R 969	R 1 211	R 2 180
	Child	R 488	R 166	R 654
		R 2 594	R 2 880	R 5 474

M+A+2C				
Bestmed Beat 4 - N				
	Your contribution	Sappi contribution	Total contribution	
2015	Main	R 1 137	R 1 503	R 2 640
	Adult	R 969	R 1 211	R 2 180
	Child	R 488	R 166	R 654
	Child	R 488	R 166	R 654
		R 3 082	R 3 046	R 6 128

M+A+3C				
Bestmed Beat 4 - N				
	Your contribution	Sappi contribution	Total contribution	
2015	Main	R 1 137	R 1 503	R 2 640
	Adult	R 969	R 1 211	R 2 180
	Child	R 488	R 166	R 654
	Child	R 488	R 166	R 654
	Child	R 488	R 166	R 654
		R 3 570	R 3 212	R 6 782

M+A+4C				
Bestmed Beat 4 - N				
	Your contribution	Sappi contribution	Total contribution	
2015	Main	R 1 137	R 1 503	R 2 640
	Adult	R 969	R 1 211	R 2 180
	Child	R 488	R 166	R 654
	Child	R 488	R 166	R 654
	Child	R 488	R 166	R 654
	Child	R 488	R 166	R 654
		R 4 058	R 3 378	R 7 436

Main		Bestmed Pace 1		
	Your contribution	Sappi contribution	Total contribution	
2014	R 962	R 1 416	R 2 378	
2015	R 1 021	R 1 503	R 2 524	
Increase	R 59	R 87	R 146	

M+A		Bestmed Pace 1		
	Your contribution	Sappi contribution	Total contribution	
2014	Main	R 962	R 1 416	R 2 378
	Adult	R 528	R 1 141	R 1 669
		R 1 490	R 2 557	R 4 047
2015	Main	R 1 021	R 1 503	R 2 524
	Adult	R 561	R 1 211	R 1 772
		R 1 582	R 2 714	R 4 296
Increase	R 92	R 157	R 249	

M+A+C		Bestmed Pace 1		
	Your contribution	Sappi contribution	Total contribution	
2014	Main	R 962	R 1 416	R 2 378
	Adult	R 528	R 1 141	R 1 669
	Child	R 444	R 156	R 600
		R 1 934	R 2 713	R 4 647
2015	Main	R 1 021	R 1 503	R 2 524
	Adult	R 561	R 1 211	R 1 772
	Child	R 471	R 166	R 637
		R 2 053	R 2 880	R 4 933
Increase	R 119	R 167	R 286	

M+A+2C		Bestmed Pace 1		
	Your contribution	Sappi contribution	Total contribution	
2014	Main	R 962	R 1 416	R 2 378
	Adult	R 528	R 1 141	R 1 669
	Child	R 444	R 156	R 600
	Child	R 444	R 156	R 600
		R 2 378	R 2 869	R 5 247
2015	Main	R 1 021	R 1 503	R 2 524
	Adult	R 561	R 1 211	R 1 772
	Child	R 471	R 166	R 637
	Child	R 471	R 166	R 637
		R 2 525	R 3 045	R 5 570
Increase	R 147	R 176	R 323	

M+A+3C		Bestmed Pace 1		
	Your contribution	Sappi contribution	Total contribution	
2014	Main	R 962	R 1 416	R 2 378
	Adult	R 528	R 1 141	R 1 669
	Child	R 444	R 156	R 600
	Child	R 444	R 156	R 600
	Child	R 444	R 156	R 600
		R 2 822	R 3 025	R 5 847
2015	Main	R 1 021	R 1 503	R 2 524
	Adult	R 561	R 1 211	R 1 772
	Child	R 471	R 166	R 637
	Child	R 471	R 166	R 637
	Child	R 471	R 166	R 637
		R 2 996	R 3 211	R 6 207
Increase	R 174	R 186	R 360	

M+A+4C		Bestmed Pace 1		
	Your contribution	Sappi contribution	Total contribution	
2014	Main	R 962	R 1 416	R 2 378
	Adult	R 528	R 1 141	R 1 669
	Child	R 444	R 156	R 600
	Child	R 444	R 156	R 600
	Child	R 444	R 156	R 600
	Child	R 444	R 156	R 600
		R 3 266	R 3 181	R 6 447
2015	Main	R 1 021	R 1 503	R 2 524
	Adult	R 561	R 1 211	R 1 772
	Child	R 471	R 166	R 637
	Child	R 471	R 166	R 637
	Child	R 471	R 166	R 637
	Child	R 471	R 166	R 637
		R 3 468	R 3 376	R 6 844
Increase	R 202	R 195	R 397	

Main		Bestmed Pace 2		
		Your contribution	Sappi contribution	Total contribution
2014		R 1 822	R 1 416	R 3 238
2015		R 2 026	R 1 503	R 3 529

Increase	R 204	R 87	R 291
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M+A		Bestmed Pace 2		
		Your contribution	Sappi contribution	Total contribution
2014	Main Adult	R 1 822	R 1 416	R 3 238
		R 2 032	R 1 141	R 3 173
		R 3 854	R 2 557	R 6 411
2015	Main Adult	R 2 026	R 1 503	R 3 529
		R 2 248	R 1 211	R 3 459
		R 4 274	R 2 714	R 6 988

Increase	R 420	R 157	R 577
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M+A+C		Bestmed Pace 2		
		Your contribution	Sappi contribution	Total contribution
2014	Main Adult Child	R 1 822	R 1 416	R 3 238
		R 2 032	R 1 141	R 3 173
		R 557	R 156	R 713
		R 4 411	R 2 713	R 7 124
2015	Main Adult Child	R 2 026	R 1 503	R 3 529
		R 2 248	R 1 211	R 3 459
		R 612	R 166	R 778
		R 4 886	R 2 880	R 7 766

Increase	R 475	R 167	R 642
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M+A+2C		Bestmed Pace 2		
		Your contribution	Sappi contribution	Total contribution
2014	Main Adult Child Child	R 1 822	R 1 416	R 3 238
		R 2 032	R 1 141	R 3 173
		R 557	R 156	R 713
		R 557	R 156	R 713
		R 4 968	R 2 869	R 7 837
2015	Main Adult Child Child	R 2 026	R 1 503	R 3 529
		R 2 248	R 1 211	R 3 459
		R 612	R 166	R 778
		R 612	R 166	R 778
		R 5 498	R 3 046	R 8 544

Increase	R 530	R 177	R 707
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M+A+3C		Bestmed Pace 2		
		Your contribution	Sappi contribution	Total contribution
2014	Main Adult Child Child Child	R 1 822	R 1 416	R 3 238
		R 2 032	R 1 141	R 3 173
		R 557	R 156	R 713
		R 557	R 156	R 713
		R 557	R 156	R 713
		R 5 525	R 3 025	R 8 550
2015	Main Adult Child Child Child	R 2 026	R 1 503	R 3 529
		R 2 248	R 1 211	R 3 459
		R 612	R 166	R 778
		R 612	R 166	R 778
		R 612	R 166	R 778
		R 6 110	R 3 212	R 9 322

Increase	R 585	R 187	R 772
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M+A+4C		Bestmed Pace 2		
		Your contribution	Sappi contribution	Total contribution
2014	Main Adult Child Child Child Child	R 1 822	R 1 416	R 3 238
		R 2 032	R 1 141	R 3 173
		R 557	R 156	R 713
		R 557	R 156	R 713
		R 557	R 156	R 713
		R 557	R 156	R 713
		R 6 082	R 3 181	R 9 263
2015	Main Adult Child Child Child Child	R 2 026	R 1 503	R 3 529
		R 2 248	R 1 211	R 3 459
		R 612	R 166	R 778
		R 612	R 166	R 778
		R 612	R 166	R 778
		R 612	R 166	R 778
		R 6 722	R 3 378	R 10 100

Increase	R 640	R 197	R 837
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		Bestmed Pace 3 (Less than R98 500 p.a.)		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 1 750	R 1 416	R 3 166
	2015	R 1 964	R 1 503	R 3 467

Increase		R 214	R 87	R 301
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		Bestmed Pace 3 (Less than R98 500 p.a.)		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 1 750	R 1 416	R 3 166
	Adult	R 1 393	R 1 141	R 2 534
		R 3 143	R 2 557	R 5 700
2015	Main	R 1 964	R 1 503	R 3 467
	Adult	R 1 563	R 1 211	R 2 774
		R 3 527	R 2 714	R 6 241

Increase		R 384	R 157	R 541
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		Bestmed Pace 3 (Less than R98 500 p.a.)		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 1 750	R 1 416	R 3 166
	Adult	R 1 393	R 1 141	R 2 534
	Child	R 431	R 156	R 587
		R 3 574	R 2 713	R 6 287
2015	Main	R 1 964	R 1 503	R 3 467
	Adult	R 1 563	R 1 211	R 2 774
	Child	R 477	R 166	R 643
		R 4 004	R 2 880	R 6 884

Increase		R 430	R 167	R 597
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		Bestmed Pace 3 (Less than R98 500 p.a.)		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 1 750	R 1 416	R 3 166
	Adult	R 1 393	R 1 141	R 2 534
	Child	R 431	R 156	R 587
	Child	R 431	R 156	R 587
	R 4 005	R 2 869	R 6 874	
2015	Main	R 1 964	R 1 503	R 3 467
	Adult	R 1 563	R 1 211	R 2 774
	Child	R 477	R 166	R 643
	Child	R 477	R 166	R 643
	R 4 481	R 3 046	R 7 527	

Increase		R 476	R 177	R 653
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		Bestmed Pace 3 (Less than R98 500 p.a.)		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 1 750	R 1 416	R 3 166
	Adult	R 1 393	R 1 141	R 2 534
	Child	R 431	R 156	R 587
	Child	R 431	R 156	R 587
	Child	R 431	R 156	R 587
	R 4 436	R 3 025	R 7 461	
2015	Main	R 1 964	R 1 503	R 3 467
	Adult	R 1 563	R 1 211	R 2 774
	Child	R 477	R 166	R 643
	Child	R 477	R 166	R 643
	Child	R 477	R 166	R 643
	R 4 958	R 3 212	R 8 170	

Increase		R 522	R 187	R 709
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		Bestmed Pace 3 (Less than R98 500 p.a.)		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 1 750	R 1 416	R 3 166
	Adult	R 1 393	R 1 141	R 2 534
	Child	R 431	R 156	R 587
	Child	R 431	R 156	R 587
	Child	R 431	R 156	R 587
	Child	R 431	R 156	R 587
	R 4 867	R 3 181	R 8 048	
2015	Main	R 1 964	R 1 503	R 3 467
	Adult	R 1 563	R 1 211	R 2 774
	Child	R 477	R 166	R 643
	Child	R 477	R 166	R 643
	Child	R 477	R 166	R 643
	Child	R 477	R 166	R 643
	R 5 435	R 3 378	R 8 813	

Increase		R 568	R 197	R 765
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		Bestmed Pace 3 (More than R98 500 p.a.)		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 2 388	R 1 416	R 3 804
	2015	R 2 662	R 1 503	R 4 165

Increase		R 274	R 87	R 361
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		Bestmed Pace 3 (More than R98 500 p.a.)		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 2 388	R 1 416	R 3 804
	Adult	R 1 893	R 1 141	R 3 034
		R 4 281	R 2 557	R 6 838
2015	Main	R 2 662	R 1 503	R 4 165
	Adult	R 2 111	R 1 211	R 3 322
		R 4 773	R 2 714	R 7 487

Increase		R 492	R 157	R 649
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		Bestmed Pace 3 (More than R98 500 p.a.)		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 2 388	R 1 416	R 3 804
	Adult	R 1 893	R 1 141	R 3 034
	Child	R 481	R 156	R 637
		R 4 762	R 2 713	R 7 475
2015	Main	R 2 662	R 1 503	R 4 165
	Adult	R 2 111	R 1 211	R 3 322
	Child	R 531	R 166	R 697
		R 5 304	R 2 880	R 8 184

Increase		R 542	R 167	R 709
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		Bestmed Pace 3 (More than R98 500 p.a.)		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 2 388	R 1 416	R 3 804
	Adult	R 1 893	R 1 141	R 3 034
	Child	R 481	R 156	R 637
	Child	R 481	R 156	R 637
	R 5 243	R 2 869	R 8 112	
2015	Main	R 2 662	R 1 503	R 4 165
	Adult	R 2 111	R 1 211	R 3 322
	Child	R 531	R 166	R 697
	Child	R 531	R 166	R 697
	R 5 835	R 3 046	R 8 881	

Increase		R 592	R 177	R 769
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		Bestmed Pace 3 (More than R98 500 p.a.)		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 2 388	R 1 416	R 3 804
	Adult	R 1 893	R 1 141	R 3 034
	Child	R 481	R 156	R 637
	Child	R 481	R 156	R 637
	Child	R 481	R 156	R 637
	R 5 724	R 3 025	R 8 749	
2015	Main	R 2 662	R 1 503	R 4 165
	Adult	R 2 111	R 1 211	R 3 322
	Child	R 531	R 166	R 697
	Child	R 531	R 166	R 697
	Child	R 531	R 166	R 697
	R 6 366	R 3 212	R 9 578	

Increase		R 642	R 187	R 829
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		Bestmed Pace 3 (More than R98 500 p.a.)		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 2 388	R 1 416	R 3 804
	Adult	R 1 893	R 1 141	R 3 034
	Child	R 481	R 156	R 637
	Child	R 481	R 156	R 637
	Child	R 481	R 156	R 637
	Child	R 481	R 156	R 637
	R 6 205	R 3 181	R 9 386	
2015	Main	R 2 662	R 1 503	R 4 165
	Adult	R 2 111	R 1 211	R 3 322
	Child	R 531	R 166	R 697
	Child	R 531	R 166	R 697
	Child	R 531	R 166	R 697
	Child	R 531	R 166	R 697
	R 6 897	R 3 378	R 10 275	

Increase		R 692	R 197	R 889
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		Bestmed Pace 4		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 2 992	R 1 416	R 4 408
	2015	R 3 346	R 1 503	R 4 849

Increase	R 354	R 87	R 441
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		Bestmed Pace 4		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 2 992	R 1 416	R 4 408
	Adult	R 3 267	R 1 141	R 4 408
		R 6 259	R 2 557	R 8 816
2015	Main	R 3 346	R 1 503	R 4 849
	Adult	R 3 638	R 1 211	R 4 849
		R 6 984	R 2 714	R 9 698

Increase	R 725	R 157	R 882
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		Bestmed Pace 4		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 2 992	R 1 416	R 4 408
	Adult	R 3 267	R 1 141	R 4 408
	Child	R 877	R 156	R 1 033
		R 7 136	R 2 713	R 9 849
2015	Main	R 3 346	R 1 503	R 4 849
	Adult	R 3 638	R 1 211	R 4 849
	Child	R 970	R 166	R 1 136
		R 7 954	R 2 880	R 10 834

Increase	R 818	R 167	R 985
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		Bestmed Pace 4		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 2 992	R 1 416	R 4 408
	Adult	R 3 267	R 1 141	R 4 408
	Child	R 877	R 156	R 1 033
	Child	R 877	R 156	R 1 033
		R 8 013	R 2 869	R 10 882
2015	Main	R 3 346	R 1 503	R 4 849
	Adult	R 3 638	R 1 211	R 4 849
	Child	R 970	R 166	R 1 136
	Child	R 970	R 166	R 1 136
		R 8 924	R 3 046	R 11 970

Increase	R 911	R 177	R 1 088
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		Bestmed Pace 4		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 2 992	R 1 416	R 4 408
	Adult	R 3 267	R 1 141	R 4 408
	Child	R 877	R 156	R 1 033
	Child	R 877	R 156	R 1 033
	Child	R 877	R 156	R 1 033
		R 8 890	R 3 025	R 11 915
2015	Main	R 3 346	R 1 503	R 4 849
	Adult	R 3 638	R 1 211	R 4 849
	Child	R 970	R 166	R 1 136
	Child	R 970	R 166	R 1 136
	Child	R 970	R 166	R 1 136
		R 9 894	R 3 212	R 13 106

Increase	R 1 004	R 187	R 1 191
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		Bestmed Pace 4		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 2 992	R 1 416	R 4 408
	Adult	R 3 267	R 1 141	R 4 408
	Child	R 877	R 156	R 1 033
	Child	R 877	R 156	R 1 033
	Child	R 877	R 156	R 1 033
	Child	R 481	R 156	R 637
		R 9 371	R 3 181	R 12 552
2015	Main	R 3 346	R 1 503	R 4 849
	Adult	R 3 638	R 1 211	R 4 849
	Child	R 970	R 166	R 1 136
	Child	R 970	R 166	R 1 136
	Child	R 970	R 166	R 1 136
	Child	R 970	R 166	R 1 136
		R 10 864	R 3 378	R 14 242

Increase	R 1 493	R 197	R 1 690
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		Bestmed Pulse 1 (Income R0 - R5 500 p.m.)		
		Your contribution	Sappi contribution	Total contribution
2014	Main	R 255	R 685	R 940
2015		R 263	R 766	R 1 029

Increase	R 8	R 81	R 89
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		Bestmed Pulse 1 (Income R0 - R5 500 p.m.)		
		Your contribution	Sappi contribution	Total contribution
2014	Main Adult	R 255	R 685	R 940
		R 282	R 611	R 893
		R 537	R 1 296	R 1 833

2015	Main Adult	R 263	R 766	R 1 029
		R 295	R 683	R 978
		R 558	R 1 449	R 2 007

Increase	R 276	R 838	R 1 114
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		Bestmed Pulse 1 (Income R0 - R5 500 p.m.)		
		Your contribution	Sappi contribution	Total contribution
2014	Main Adult	R -	R 685	R 940
		R -	R 611	R 893
	Child	R 339	R 126	R 564
		R 339	R 1 422	R 2 397

2015	Main Adult	R 263	R 766	R 1 029
		R 295	R 683	R 978
	Child	R 477	R 141	R 618
		R 1 035	R 1 590	R 2 625

Increase	R 696	R 168	R 228
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Main	Bestmed Pulse 1 (Income R5 501 - R8500 p.m.)		
	Your contribution	Sappi contribution	Total contribution
2014	R 443	R 685	R 1 128
2015	R 469	R 766	R 1 235

Increase	R 26	R 81	R 107
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M+A	Bestmed Pulse 1 (Income R5 501 - R8500 p.m.)		
	Your contribution	Sappi contribution	Total contribution
2014 Main Adult	R 443	R 685	R 1 128
	R 461	R 611	R 1 072
	R 904	R 1 296	R 2 200

2015 Main Adult	R 469	R 766	R 1 235
	R 491	R 683	R 1 174
	R 960	R 1 449	R 2 409

Increase	R 499	R 838	R 1 337
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M+A+C	Bestmed Pulse 1 (Income R5 501 - R8500 p.m.)		
	Your contribution	Sappi contribution	Total contribution
2014 Main Adult Child	R 443	R 685	R 1 128
	R 461	R 611	R 1 072
	R 339	R 126	R 677
	R 1 243	R 1 422	R 2 877

2015 Main Adult Child	R 369	R 866	R 1 235
	R 563	R 611	R 1 174
	R 615	R 126	R 741
	R 1 547	R 1 603	R 3 150

Increase	R 304	R 181	R 273
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Main	Bestmed Pulse 1 (More than R8501 p.m.)		
	Your contribution	Sappi contribution	Total contribution
2014	R 669	R 685	R 1 354
2015	R 717	R 766	R 1 483

Increase	R 48	R 81	R 129
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M+A	Bestmed Pulse 1 (More than R8501 p.m.)		
	Your contribution	Sappi contribution	Total contribution
2014 Main Adult	R 669	R 685	R 1 354
	R 607	R 611	R 1 218
	R 1 276	R 1 296	R 2 572

2015 Main Adult	R 717	R 766	R 1 483
	R 651	R 683	R 1 334
	R 1 368	R 1 449	R 2 817

Increase	R 761	R 838	R 1 599
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M+A+C	Bestmed Pulse 1 (More than R8501 p.m.)		
	Your contribution	Sappi contribution	Total contribution
2014 Main Adult Child	R 669	R 685	R 1 354
	R 607	R 611	R 1 218
	R 339	R 126	R 677
	R 1 615	R 1 422	R 3 249

2015 Main Adult Child	R 617	R 866	R 1 483
	R 723	R 611	R 1 334
	R 615	R 126	R 741
	R 1 955	R 1 603	R 3 558

Increase	R 340	R 181	R 309
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Main	Bestmed Pulse 2		
	Your contribution	Sappi contribution	Total contribution
2014	R 1 827	R 1 416	R 3 243
2015	R 2 048	R 1 503	R 3 551

Increase	R 221	R 87	R 308
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M+A	Bestmed Pulse 2		
	Your contribution	Sappi contribution	Total contribution
2014 Main Adult	R 1 827	R 1 416	R 3 243
	R 2 102	R 1 141	R 3 243
	R 3 929	R 2 557	R 6 486

2015 Main Adult	R 2 048	R 1 503	R 3 551
	R 2 340	R 1 211	R 3 551
	R 4 388	R 2 714	R 7 102

Increase	R 2 286	R 1 573	R 3 859
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M+A+C	Bestmed Pulse 2		
	Your contribution	Sappi contribution	Total contribution
2014 Main Adult Child	R 1 827	R 1 416	R 3 243
	R 2 102	R 1 141	R 3 243
	R 339	R 156	R 771
	R 4 268	R 2 713	R 7 257

2015 Main Adult Child	R 2 048	R 1 503	R 3 551
	R 2 340	R 1 211	R 3 551
	R 678	R 166	R 844
	R 5 066	R 2 880	R 7 946

Increase	R 798	R 167	R 689
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